

Cooking Light The New Way to Cook Light Fresh Food & Bold Flavors for Todays Home Cook

THE NEW WAY TO
Cooking Light



Fresh Food & Bold Flavors
For Today's Home Cook

BOOK DETAILS

- Author : Editors of Cooking Light
- Pages : 512 Pages
- Publisher : Oxmoor House
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BOOK SYNOPSIS

****James Beard Award Winner 2013**** An Instant Classic! Inspired by fresh, local ingredients; and infused with bold, authentic flavors, *Cooking Light The New Way to Cook Light* is a celebration of healthy cooking and eating in America today. The more than 400 mouth-watering recipes, tips, and techniques in this book represent the new way to cook light--fresh, healthy, and--most importantly--delicious. With *Nine Simple Principles of Cooking Light* as a guide, this beautiful collection contains recipes that are as fun and satisfying to cook as they are to eat. Enjoy a wide variety of dishes, including quick weeknight meals and special occasion dishes perfect for the holidays.

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